

# Chester County Council, BSA

## 2019 FIRST AID MEET



Saturday, February 2, 2019

### **Technical College High School Brandywine Campus**

443 W Boot Rd  
Downingtown, PA 19335  
Cafeteria  
(484) 593-5100

PARTICIPANT INFORMATION PACKET

**REGISTER ONLINE →**

TO: All CCCBSA Boy Scout Troops, Venture Crews & Cub Scout Packs

FROM: Rob Lenker, Council First Aid Meet Chair (roblenker@gmail.com)  
Saralyn Kassel, Associate Chair (tatertot411@comcast.net)

SUBJECT: Council First Aid Meet

DATE: Saturday, February 8, 2014

TIME: 7:00 Setup – Volunteers Arrive  
7:30-8:40 Registration and registration problems  
9:00-12:00PM Competition

PLACE:

## Technical College High School Brandywine Campus

443 W Boot Rd  
Downingtown, PA 19335  
(484) 593-5100

WHO: Troops and Crews register as natural patrols only...minimum of 4 members  
Cub Scouts register as “Victims”  
**\*Each patrol must pre-register and have adult (21+) to serve as a judge.**  
**All victims and judges must attend a brief training session the day of the event!**

UNIFORM: Class B with sneakers and clean socks. Non-scuffing shoes (no black soles) in the cafeteria, otherwise you will have to remove them. Be prepared to get somewhat dirty as we may have fake blood and other makeup on the victims.

REGISTER: **ONLINE**

WEATHER: Updates will be posted on the Chester County Council, BSA website if there are any changes due to inclement weather conditions → <http://www.cccbsa.org> or call the Council Service Center at 610-696-2900

Thank you for participating in the Chester County Council 2013 First Aid Meet! We have worked hard to put together an exciting morning of activities and problems to allow you to practice and demonstrate your knowledge of basic first aid skills. These problems are designed to reflect real-world situations you might encounter in your home, at work or school, or during Scouting activities. We hope you have as much participating as we had preparing for this!

The purpose of this packet is to provide you with the information needed to prepare for the day. In particular, you should find enclosed: a schedule of the day’s activities, a few brief reminders on proper etiquette for using the facilities, details on the meet logistics – Registration, Problems, Scoring, Awards, etc. and Sample Problems. If you have any questions, please contact Rob Lenker or Bob Brown at [firstaidmeet@cccbsa.org](mailto:firstaidmeet@cccbsa.org)

Thank you and we will see you at the First Aid Meet!

FIRST AID MEET

The purpose of this contest is to test the first aid ability of natural patrols to act as a team in meeting with emergencies requiring cool thinking and practical application of their first aid knowledge.

**COMPOSITION OF TEAMS:** A team should be composed of a normal, natural patrol of a troop accompanied by an adult judge (21+) and victim . Senior Patrol Leaders and Assistant Patrol Leaders may participate by forming a separate patrol. Although Troop Leaders (SPL, ASPL) cannot be judges, they may assist as volunteers at the event. Venturing Crews may participate by forming their own patrols.

Two levels of competition will be offered this year, Blood and Guts and Band-Aids.

Blood and guts level is for those patrols wishing to compete for prizes.

Band-Aid level is for those patrols primarily seeking education/teaching.

Appropriate awards will be given in each level (see SCORING)

Please pre-register your patrol in the appropriate area.

**SIZE OF TEAMS:** There is a minimum limitation for eligibility. All patrols must have at least four members of the team. Note: If you get there and you are short, do not go home. We will arrange for you to compete.

**VICTIMS:** We will be using Cub Scouts if possible as patients during the problems. Patrols are encouraged (not required) to bring victims, but need to notify the event committee ahead of time. Reminder, victims need to attend a brief training session prior to the event.

**EQUIPMENT AND REFERENCES:** The problems will be selected based upon the latest editions of the Boy Scout Handbook (12<sup>th</sup> edition) and the First Aid Merit Badge pamphlet.

We are also using the extra links found on <http://bsahandbook.org>



**No Handbooks or pamphlets are to be used during the competition.**

First Aid problems: Skill Review problems can be found at <http://www.cccbsa.org/firstaidmeet>

**EQUIPMENT IS NOT TO EXCEED THE FOLLOWING:**

- Class B and sneakers
- 1 first aid kit per patrol, including compresses (only small hike kit)
- 2 blankets per patrol, for use as floor covering and in problems
- Splint material for any possible fracture.
- 1 canteen per scout (empty) for the contest. This will be considered to be full with water.
- 1+ pair of latex gloves per scout
- 1 mouth barrier per patrol
- 1 pair of eye goggles per patrol

**SCORING:** Three cash value prizes will be awarded for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> Place finishes in the competition and ribbons for 1st, 2nd and 3rd place in each problem in both band aid and blood and guts levels (registration and 4 floor problems)

**GENERAL:** The event is designed to be fun as well as to stimulate the development and demonstration of first aid knowledge. The next few weeks are a good time to highlight first aid activities. As in years past, all reference material, including Scout Handbooks and First Aid Merit Badge pamphlets are not allowed on the competition floor. Because of expanding capabilities of mobile devices, they are also, not allowed. If any of the prohibited items are

seen on the competition floor during competition the patrol will lose 50 points on the problem they are working on, and the items will be removed from the competition floor for the remainder of the event.

**PROBLEMS:** There will be four floor problems. Patrols will be given 10 minutes to complete the problems and 10 minutes to review the problems with the judge.

*Troops and Patrols are encouraged to submit problems for the competition.*

*Deadline is January 31st - Please email submissions to [firstaidmeet@cccbsa.org](mailto:firstaidmeet@cccbsa.org) and [roblenker@gmail.com](mailto:roblenker@gmail.com)*

Patrols are expected to use their first aid kit in treating each problem as they would in a real life scenario; putting on gloves, applying bandages, as well as mouth to mouth barriers.

**JUDGES:** Each patrol is required to bring an adult as judge. Patrols without judges may not be allowed to participate. Judges will not judge their own unit.

In fairness to all boys, please try to find a judge who is familiar with First Aid material. He/she need not be an expert. He/she must be an adult, 21 or over. Ask them to familiarize themselves with the requirements in the Scout Handbook, and the First Aid Merit Badge pamphlet, current edition.