Chester County Council, BSA

2013 FIRST AID MEET

Saturday, March 9, 2013 Episcopal Academy

1785 Bishop White Drive Newtown Square, PA 19073

PARTICIPANT INFORMATON PACKET

REGISTER ONLINE → http://bit.ly/XZHgS8

TO: All CCCBSA Boy Scout Troops, Venture Crews & Cub Scout Packs

FROM: Rob Lenker, Council First Aid Meet Chair (roblenker@gmail.com)

Saralyn Kassel, Associate Chair (tatertot411@comcast.net)

SUBJECT: Council First Aid Meet

DATE: Saturday, March 9, 2013

TIME: 7:00 Setup – Volunteers Arrive

7:30-8:40 Registration and registration problems

9:00-12:15 Competition 12:30 Awards 1:00 Wrap up

PLACE: Episcopal Academy

1785 Bishop White Drive Newtown Square, PA 19073

WHO: Troops and Crews register as natural patrols only...minimum of 4 members

Cub Scouts register as "Victims"

*Each patrol must pre-register and have adult (21+) to serve as a judge. All victims and judges must attend a brief training session the day of the

event!

UNIFORM: <u>Class B</u> with sneakers and clean socks. <u>Non-scuffing shoes</u> (no black soles) in the

gym, otherwise you will have to remove them. Be prepared to get somewhat dirty

as we will have fake blood and other makeup on the victims.

PLEASE NOTE: No food or drink will be allowed in the gymnasium at any time.

REGISTER: ONLINE at http://bit.ly/XZHgS8

WEATHER: Updates will be posted on the Chester County Council, BSA website if there are

any changes due to inclement weather conditions → http://www.cccbsa.org or call

the Council Service Center at 610-696-2900

Thank you for participating in the Chester County Council 2013 First Aid Meet! We have worked hard to put together an exciting morning of activities and problems to allow you to practice and demonstrate your knowledge of basic first aid skills. These problems are designed to reflect real-world situations you might encounter in your home, at work or school, or during Scouting activities. We hope you have as much participating as we had preparing for this!

The purpose of this packet is to provide you with the information needed to prepare for the day. In particular, you should find enclosed: a schedule of the day's activities, a few brief reminders on proper etiquette for using the facilities, details on the meet logistics — Registration, Problems, Scoring, Awards, etc. and Sample Problems. If you have any questions, please contact Rob Lenker or Bob Brown at firstaidmeet@cccbsa.org

Thank you and we will see you at the First Aid Meet!

FIRST AID MEET

The purpose of this contest is to test the first aid ability of natural patrols to act as a team in meeting with emergencies requiring cool thinking and practical application of their first aid knowledge.

<u>COMPOSITION OF TEAMS</u>: A team should be composed of a normal, natural patrol of a troop accompanied by an adult judge (21+) and victim (Cub Scout). Senior Patrol Leaders and Assistant Patrol Leaders may participate by forming a separate patrol. Although Troop Leaders (SPL, ASPL) cannot be judges, they may assist as volunteers at the event. Venturing Crews may participate by forming their own patrols.

Two levels of competition will be offered this year, Blood and Guts and Band-Aids. Blood and guts level is for those patrols wishing to compete for prizes. Band-Aid level is for those patrols primarily seeking education/teaching. Appropriate awards will be given in each level (see SCORING) Please pre-register your patrol in the appropriate area.

<u>SIZE OF TEAMS</u>: There is a minimum limitation for eligibility. All patrols must have at least four members of the team. Note: If you get there and you are short, do not go home. We will arrange for you to compete.

<u>VICTIMS</u>: We will be using Cub Scouts as patients during the problems. Patrols are encouraged (not required) to bring victims, but need to notify the event committee ahead of time. Reminder, victims need to attend a brief training session prior to the event.

<u>EQUIPMENT AND REFERENCES</u>: The problems will be selected based upon the latest editions of the Boy Scout Handbook (12th edition) and the First Aid Merit Badge pamphlet. We are also using the extra links found on http://bsahandbook.org







First Aid problems: Skill Review problems can be found at http://www.cccbsa.org/firstaidmeet

EQUIPMENT IS NOT TO EXCEED THE FOLLOWING:

- · Class B and sneakers
- · 1 first aid kit per patrol, including compresses (only small hike kit)
- 2 blankets per patrol, for use as floor covering and in problems
- · Splint material for any possible fracture.
- 1 canteen per scout (empty) for the contest. This will be considered to be full with water.
- · 1+ pair of latex gloves per scout
- · 1 mouth barrier per patrol
- · 1 pair of eye goggles per patrol

<u>SCORING</u>: Five cash value prizes will be awarded for 1st Place finishes in the competition (Registration Problem, Mix-up Problem, 3 Patrol Problems), and ribbons for 1st, 2nd and 3rd in Blood and Guts level.

Ribbons will be awarded for Band-Aid level of competition

GENERAL: The event is designed to be fun as well as to stimulate the development and demonstration of first aid knowledge. The next few weeks are a good time to highlight first aid activities. As in years past, all reference material, including Scout Handbooks and First Aid Merit Badge pamphlets are not allowed on the competition floor. Because of expanding capabilities of mobile devices they are also, not allowed. If any of the prohibited items are seen on the competition floor during competition the patrol will lose 50 points on the problem they are working on, and the items will be removed from the competition floor for the remainder of the event.

<u>PROBLEMS</u>: There will be four problems. Patrols will be given 10 minutes to complete the problems and 10 minutes to review the problems with the judge.

Troops and Patrols are encouraged to submit problems for the competition.

Deadline is February 8th - Please email submissions to <u>firstaidmeet@cccbsa.org</u>

Patrols are expected to use their first aid kit in treating each problem as they would in a real life scenario; putting on gloves, applying bandages, as well as mouth to mouth barriers.

JUDGES: Each patrol is required to bring an adult as judge. Patrols without judges may not be allowed to participate. Judges will not judge their own unit.

In fairness to all boys, please try to find a judge who is familiar with First Aid material. He/she need not be an expert. He/she must be an adult, 21 or over. Ask them to familiarize themselves with the requirements in the Scout Handbook, and the First Aid Merit Badge pamphlet, current edition.